



505 W BROADWAY, SAN DIEGO, CA 92101
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Environmental learning and Care through the Elements Series Service Learning Programming (Each Quarter)

Event Name • Organization Name	Area	Descriptions	Duration Per Session	No. of Session(s) per month	Total Duration
Poetry & Writing Club • ASCENDTIALS	Air	Attend our online workshop to discuss and write on social justice issues such as racism, poverty, women's rights, equal pay, and government representation. The writings would reach a wide range of audiences that would hopefully start to impact real change in structures and organizations toward more inclusion, which we believe would greatly benefit our community. The writing process would also serve as a source of healing for those involved and help foster a deeper connection with themselves.	1.5	2	3
Kemetic Yoga • ASCENDTIALS	Air	Participate in our online/in-person Kemetic Yoga sessions, which helps to increase blood circulation, nutrient, and oxygen supply to vital body systems, relieves stress and anxiety, and provides knowledge on how to heal thyself using ancestral knowledge using our curriculum that supports principles on Order, Justice, Harmony, Balance and Reciprocity. Students are reminded to apply these principles in all aspects of their lives and report via essay.	1	2	2
Composting Workshop • FOOD2SOIL / CCGS	Earth	Attend workshops to understand more about soil preservation and protection. Learn the Basics of Backyard Composting and Basics of Vermicomposting with our partner organizations.	1	1	1
Gardening • ASCENDTIALS	Earth	Understand how you can help to protect and preserve nature, and learn more about how to grow fresh pesticide-free fruits, vegetables, herbal plants, grains, and flowers in our garden in sunny Bonita, inside the Sweetwater Summit Regional Park.	1.5	2	3
Adopt-a-Highway • CALTRANS	Fire	Clean up along our adopted highway, and collect excess leaves from withered plants for composting activities at our community garden. Plant trees, bushes and wildflowers. Contribute to reducing pollution and fires.	2	1	2
Tree planting with partner orgs •	Fire	Plant trees around San Diego with our community group. We support engaging in dialogue and activity that promotes soil-boosting practices. We also want to bring awareness to those policies and incentives aligned to do things counter to this.	2	1	2
Adopt-a-Beach • // I LOVE A CLEAN SAN DIEGO	Water	Cleanup our adopted beach in our community to make it healthier for wildlife and people. Learn about storm drain runoff and paint stencils on the drains to discourage people from dumping litter, chemicals, or poisons into our water bodies. It all flows to the storm drain, and then into the watershed!	2	1	2

Watershed Protection Program • THE COUNTY OF SAN DIEGO	Water	Learn how to protect and preserve our watershed. Get to know more about the privilege of "grass" and the importance of replacing it. Discover the best management practices for specific pollutant-generating activities.	1	1	1